

### Upcoming Sunday Programs (10:15 to 11:30 am)

*Pilgrim House is open for both in person and Zoom attendance. Our updated COVID attendance policy is below.*

#### February 5 - Rep Kelly Moller - The Expectations for the 2023-24 Session

The state's large budget surplus, the re-election of a DFL governor, and DFL majorities in the House and Senate have progressives holding high hopes for the 2023 legislative session. Representative Kelly Moller (42A) will give us her view of the session, and update us on ways to support legislative action on climate change, paid parental leave, affordable housing, gun safety, and anti-racist and antisemitism efforts. Rep. Moller is in her third term, representing Arden Hills, Mounds View, New Brighton and Shoreview. Her experience before being elected to public office includes more than 10 years as a prosecutor in the MN Attorney General's Office. Her legislative focus areas include public safety, especially justice for sexual assault victims and gun violence prevention. She also served on education and human services committees last session.



#### February 12 - Living in Riddle and Mystery - Rev Leslie Mills

As this sermon series concludes, we'll take some time to unpack the questions that have come up. What purpose do our seven principles serve? What does it mean to "draw on six sources" when we also want to be cautious of misappropriation? And perhaps the most confusing of all, what does it mean to be a "person of faith" when we are Unitarian Universalist?

#### February 19 - Learning for Life: Why a Growth Mindset is So Important as We Age

An advantage of being in the later stages of your life/career: You no longer need to prove yourself. It's an ideal time to cultivate a "growth mindset": To stretch yourself, try new things, and even fail. It can be liberating to let go of the need to succeed and embrace the pure joy of learning.

Kate Schaefers, Ph.D. is Director of Osher Lifelong Learning Institute at University of Minnesota. She is an educator, licensed psychologist and leadership coach, with a specialty in leadership transitions and encore careers. Kate serves as Volunteer State President of AARP-MN, contributing to local and regional strategies around the aging workforce, intergenerational teams, livable communities, and caregiving.



#### February 26 - Mel Aanerud Presents United States Policy Toward Indigenous Peoples

From the Doctrine of Discovery to: Should the government policy aim for assimilation or recognize its responsibility for assisting Indians as a separate culture? Back to the Doctrine of Discovery - There is no end to problems and probably no end to policy shifts.



#### March 5 – Your Best Photo

Your photos are needed! See article below.

## CALENDAR

**Thursday, February 2, 7:00pm - Great Decisions via Zoom - How will the United States respond to China's growing global presence?** All are welcome. Contact Al Potter. See article below.

**Saturday, February 4, 5:30pm - MSUS hosts Potluck and Coffee House, 5:30 potluck, 6:30 hybrid Coffee House at Pilgrim House.** All are welcome. Contact Laura Smidzik. See MSUS article below.

**Monday, February 13, 7:00pm - Pilgrim House board meeting via Zoom.** Everyone is welcome. Contact Les Rogers.

**Thursday, February 16, 11:00am - MSUS hosts Third Thursday 60+ Gathering, discussion and potluck at Pilgrim House.** All are welcome. Contact Laura Smidzik. See MSUS article below.

**Saturday, February 18, 1:00pm - Website meeting at PH.** Contact Marcie Jefferys.

**Sunday, February 19 - Newsletter information is due.** Contact Fred Green.

**Wednesday, February 22, 1:30pm - Novel exchange book club meets.** Contact Sharon Borg.

**Thursday, February 23, 2:00pm - Book Club meets at Pilgrim House.** The book is *The Red Lotus* by Chris Bohjalian. Contact Cynthia LeBlanc.

**Saturday, February 25, 5:00pm - MSUS Jazz group concert with snacks at Pilgrim House.** All are welcome. Contact Laura Smidzik. See MSUS article below.

## MARCH 5 – YOUR BEST PHOTO

March 5 will be Pilgrim House's semi regular program profiling members' photographs and their accompanying stories. "Best" photo does not necessarily mean the most artistic photograph. We are looking for photographs that are meaningful to the person contributing them. The photograph can be from a vacation, special event, special place or just a curiosity. Typically, a contributor will send jpeg files or pdf scans of up to three photographs. The facilitator will organize the images into a slide show. The member has about five minutes to talk about how and why they chose the photographs they did. We have had historic photos, nature photos, landscapes and old machines. We need photos from 5-7 people. Contact Mina Adsit if you are interested in participating. You can also send your photos to the

### Pilgrim House UU Fellowship

We seek to carry out the principles of the Unitarian Universalist Association of churches and fellowships, with which we are affiliated. These principles affirm the worth of everyone, freedom and the right of conscience in search of truth, encouragement of one another's spiritual growth, and the wonder and mystery of the web of all life. Membership in Pilgrim House is open to everyone who is in sympathy with our purposes and principles and wants to join.

**Phone:** 651-631-2582 (leave a message)

**Email:** [pilgrimhouse@pilgrimhouseuua.org](mailto:pilgrimhouse@pilgrimhouseuua.org)

**Internet:** <http://www.pilgrimhouseuua.org>

**Board Chair:** Les Rogers

### The Land Acknowledgement

*Pilgrim House acknowledges that we gather on the ancestral land(s) of the Dakota People. We honor with gratitude the land itself and the people who have been stewards throughout the generations, including the Ojibwe.*

### Pilgrim's Progress (Pilgrim House Newsletter)

If you have any items for the newsletter, please contact Fred Green

[newslettereditor@pilgrimhouseuua.org](mailto:newslettereditor@pilgrimhouseuua.org)

same email. You will have to look at my photos of beat up buildings if we don't get enough volunteers.

## SOCIAL ACTION

### Alexandra House Hope Gala Fundraiser

Tickets are now on sale. See article below. Pilgrim House members have participated in past years.

### Ralph Reeder Food Shelf

Donate money or food on Soup Sunday. Remember those less fortunate. See

<https://www.moundsviewschools.org/foodshelf> for more information or to donate online.

### Cookie Cart

Check out the cookie choices, as well as special packaging for your cookies at <https://cookiecart.org/>.

## PILGRIM HOUSE LIBRARY ADDITION

Bill Rohde donated PH speaker Amy Sullivan's book, *Opioid Reckoning*, to the PH library.

## GREAT DECISIONS AT PILGRIM HOUSE

### February 2 via Zoom - How will the United States respond to China's growing global presence?

For the past ten years, the United States and China have been locked in a competition for who has the greatest global influence. One major point of contention is the status of Taiwanese sovereignty, which has become even more relevant recently with the possibility that Russia's invasion of Ukraine may prompt China to take similar action regarding Taiwan. How will the United States engage a China which is increasingly seeking to expand its sphere of influence?

Our speaker, Professor Duncan McCampbell, is an American lawyer and professor of international business and law at Metropolitan State University in Minneapolis.

## SAVE THE DATE FOR GENERAL ASSEMBLY

**June 21 - 25, 2023 / Pittsburg PA**

**Or you can attend virtually!**

**What's "General Assembly" -- or often nicknamed "GA?"** It's the annual gathering of Unitarian Universalists from across the country. There's a wide array of workshops, music, keynote speakers, discussions, and business meetings that make decisions affecting the Unitarian Universalist Association. This year one of those business items will include reviewing changes to Article 2 of the UUA bylaws which contains our Principles, Sources, and Purposes.

The event is open to all -- but note that Pilgrim House **will reimburse the registration fees** for our two voting delegates. Read more about General Assembly here: [www.uua.org/ga](http://www.uua.org/ga). For questions related to Pilgrim House attendance, contact Mel or Kathy Aanerud / Membership Committee: [membership@pilgrimhouseua.org](mailto:membership@pilgrimhouseua.org).

## MICHAEL SERVETUS EVENTS AT PILGRIM HOUSE

We are invited to attend these events:

**February 2023 Events at PH**

**Potluck and Coffee House**

**Saturday, February 4, 5:30 pm Dinner, 6:30 pm Coffee House (Hybrid), Pilgrim House**

People of all ages and talent levels are welcome to perform at the monthly MSUS coffee house. If you'd like to perform contact Chad Snyder.

The potluck will run from 5:00-6:00 pm and the coffee house starts at 6:30 pm and is hybrid.

People can perform in person or online.

**Third Thursday 60+ Gathering**

**Thursday, February 16, 11:00 am-1:00 pm, Pilgrim House**

Join us for an hour of facilitated conversation followed by a potluck. We had 12 people attend in November! It is a great way to connect and share a good meal.

**Save the Date:**

**MSUS Delphi Jazz Concert, Saturday February 25**

Delphi Jazz is pleased invite Pilgrim House to their annual concert. This beloved group plays music from Broadway, classic jazz, and sometimes folk as well.

## ARTICLE II UPDATE -- REPORT RELEASED

**Principles and Sources of UUA**

Back in November, several Pilgrim House members participated in a Zoom session with the Article II Study Commission to review and provide input to a draft of new language to replace the purpose, principles, and sources contained in Article II of the Unitarian Universalist Association (UUA) bylaws. This feedback session was one of many activities that the Study Commission undertook to produce their recently released report

**You can read the "Article II Study Report 2021-23 here:** [www.uua.org/files/2023-01/a2sc\\_rpt\\_01172023.pdf](http://www.uua.org/files/2023-01/a2sc_rpt_01172023.pdf)

**Next steps** will be sessions where amendments can be proposed by congregations and groups. Then the proposal and amendments will be considered at General Assembly in June where a majority vote is required to continue consideration at General Assembly 2024.

## MUUSJA MEETING ON PROPOSED CHANGES TO UUA ARTICLE II

**February 18th, 10-2, Zoom convening with Dr. Paula Cole Jones on proposed changes to UUA Congregations' Covenant and Principles:**

How are we rephrasing UUA principles & covenant among congregations (the 8th Principle and Article II)? How are we pledging to widen our circles? How do we live into that pledge? Dr. Paula Cole Jones joins us on ZOOM, 2/18/23 from 10:00-2:00

Central, for an online workshop hosted by MUUSJA (Minnesota UU Social Justice Alliance). Everyone's welcome & registration is required. **Register at [https://bit.ly/PCJ\\_0218](https://bit.ly/PCJ_0218)** This workshop is designed for people already committed to antiracism, anti-oppression, and multiculturalism, whether or not your congregation is still considering or already has approved the 8th Principle. It will help prepare UU's to live into that commitment, including to become informed delegates who can vote on the 8th Principle and Article II proposals during the 2023 General Assembly (online or in person). Full Agenda will be sent to registrants but plan to attend from 10 AM to 2 PM with rest breaks. Those who participate on Saturday morning will be invited back on Tuesday, Feb. 21st from 6 to 8 PM Central for optional further Q&A with Paula Cole Jones & discussion with your circles ("circles" could be young adults, parents, RE teachers, small fellowships, climate justice teams, BIPOC UU's, Young adults, a social justice committee, etc., etc., etc.). Requested fee to offset costs is \$50 payable to [www.muusja.org/donate](http://www.muusja.org/donate). Scholarships are available to UU's from our region (MN, ND, & SD), please email [director@muusja.org](mailto:director@muusja.org).

## ALEXANDRA HOUSE HOPE GALA

### Early Bird Tickets Now on Sale!

Celebrate the 1920s with Alexandra House at the Roaring '20s Hope Gala! Hope Gala is our largest fundraiser of the year and is vital to supporting our mission. The dollars raised directly fund Alexandra House's services for victims/survivors of sexual and domestic violence.

### EARLY BIRD TICKETS

Get your early bird tickets now! Until January 16, tickets are \$150 per person. Tickets can be purchased [online](#), or call 763-795-5471.

### AUCTION DONATIONS

Can you help us out with a donation of a silent or live auction basket/package? It could be a product or service from your business – or a themed basket you, your book club, faith group, or civic organization put together. All donations are greatly appreciated and are tax-deductible. Need some inspiration or ideas? To make a donation, please complete our [Hope Gala Auction Donation Form](#). Inquiries regarding the Hope Gala auction donations can be directed to Amanda Fulk, Community Engagement Coordinator via [email](#).

### PICK YOUR DREAM VACATION RAFFLE

Alexandra House is selling \$10 raffle tickets (only 1,500 will be sold) for a 'Pick Your Dream Vacation!' The winner can select their Dream

Vacation from four (4) different packages. Choose From:

- **Cancun Paradise Trip for 2:** includes a 5-night stay in a standard guestroom, lagoon view at the Westin Resort & Spa Cancun, daily breakfast, and airfare for 2.
- **Las Vegas VIP Trip for 2:** includes a 3-night stay at a 4-star hotel on the strip, choice of one experience, and airfare for 2.
- **Roaring 20's NYC Trip for 2:** includes a 90-minute speakeasy cocktail class, 90-minute chauffeured 1920's themed tour of Manhattan, and a 2-night stay at The Plaza, daily breakfast, and airfare for 2.
- **Kennedy Space Center | Astronaut Adventure Trip for 4:** includes a bus tour, meet an astronaut, 2-day Visitor Complex Admission, and a 3-night stay at Hyatt Place Orlando/Universal, and airfare for 4.

See [flyer](#) for full package details and how to purchase raffle tickets!

## CURRENT PILGRIM HOUSE COVID POLICY

**Vaccines:** We are still asking attendees to be vaccinated, however there will be an exception for children too young to be vaccinated.

**Masks:** Masks are optional in the entire building.

**Program Room:** Social Distancing is encouraged.

We will continue to run air purifiers.

Beverages are allowed.

**Fellowship Room and nursery:** There is no expectation of social distancing.

We will continue to run air purifiers.

Food and beverages will be provided by Hospitality.

## NEW MEMBERS ARE WELCOME HERE!

We enjoy the visitors and friends who join us for Sunday programs. If you're interested in taking the next step of becoming a member of Pilgrim House, we'd would enjoy talking with you and sharing a short, live Power Point introduction – in person or via Zoom.

*Kathy & Mel Aanerud*

Membership Committee

[membership@pilgrimhouseuuu.org](mailto:membership@pilgrimhouseuuu.org)

