

Upcoming Sunday Programs (10:15 to 11:30 am)

Pilgrim House is open for both in person and Zoom attendance. Our COVID attendance policy is on our website..



April 7 – Healing the Earth – A Path to Zero Net Carbon

Professor Kim Stelson is a visitor at Pilgrim House and Professor of Mechanical Engineering, University of Minnesota College of Science and Engineering. His research is creating novel energy-saving hydraulic innovations for wind power and commercial off-road vehicles.

April 14 – Pop Wagner and the Hampden Rounders

Pop has quite the reputation as a folksinger, guitarist, fiddler, and cowboy poet. He has been traveling the world sharing his music, tall tales and dry wit. He appeared quite frequently on Public Radio's A Prairie Home Companion during the show's formative years.

The Hampden Rounders, featuring Tom Schaefer-fiddle, Pop Wagner-fiddle, guitar and vocals and Adam Granger-guitar and vocals, guarantee a fun, often rowdy show chock-full of old-timey fiddle tunes and swing, bluegrass and folk songs, with a few originals thrown in for good measure. WARNING: The Hampden Rounders cannot guarantee that silliness and frivolity will not ensue. <https://popwagner.com/>



April 21 – Hospice Care & End-of-Life Doulas

At Ecumen Hospice, we seek innovative ways to care for and honor our patients and their families at a time that is often filled with emotion. One of these ways is by incorporating end-of-life doulas (EOL) into our care team. Learn more about what an EOL Doula is, how we utilize them at Ecumen Hospice, and other ways to support the EOL care of those in our community.

Cori Ballew and Dawn Van Camp work with Ecumen Hospice Volunteer Services. In their roles, they connect people in the community with opportunities to be part of the end-of-life care of hospice patients. Dawn is also a certified end-of-life doula and passionate about sharing the growing field of end-of-life doulas (also called death doulas and death midwives).

April 28 – Women Against Military Madness

WAMM is a member-based organization whose mission is to oppose U.S. militarism and involvement in wars. They challenge systems of harms, oppression and exploitation and help build movements of solidarity with others for peace and justice through education and action. Come and learn how you can help!! <https://womenagainstmilitarymadness.org/>



The speaker from WAMM will be Sarah Martin.



May 5 – Lori Sturdevant

Lori Sturdevant, respected journalist, retired columnist for the Star Tribune and author or editor of several books about notable Minnesotans is back with her take on the topics of the day. She continues to be one of the congregation's favorite speakers.

PILGRIM HOUSE UU FELLOWSHIP

We seek to carry out the principles of the Unitarian Universalist Association of churches and fellowships, with which we are affiliated. These principles affirm the worth of everyone, freedom and the right of conscience in search of truth, encouragement of one another's spiritual growth, and the wonder and mystery of the web of all life. Membership in Pilgrim House is open to everyone who is in sympathy with our purposes and principles and wants to join.

Phone: 651-631-2582 (leave a message)

Email: pilgrimhouse@pilgrimhouseuua.org

Internet: <http://www.pilgrimhouseuua.org>

Board Chair: Adam Aanerud

The Land Acknowledgment

Pilgrim House acknowledges that we gather on the ancestral land(s) of the Dakota People. We honor with gratitude the land itself and the people who have been stewards throughout the generations, including the Ojibwe.

Pilgrim's Progress (Pilgrim House Newsletter)

If you have any items for the newsletter, please contact Fred Green

newslettereditor@pilgrimhouseuua.org

CALENDAR**Wednesday, April 3, 7:00pm -**

Great Decisions via Zoom: US China Trade Rivalry. All are welcome. Contact Al Potter.

MSUS Choir Rehearsal at Pilgrim House. Contact Bruce Van Bronkhorst.

Saturday, April 6, 5:30pm – MSUS Coffee House, 5:30 potluck, 6:30 hybrid Coffee House at Pilgrim House. All are welcome. To be on the list for Coffee House, contact Chad Synder.

Sunday, April 7, 12:15pm – PH Mission & Vision Presentation. All are welcome. Contact Les Rogers. See article below.

Monday, April 8,

7:00pm – Pilgrim House board meeting via Zoom. Everyone is welcome. Contact Adam Aanerud.

7:45pm – MSUS Turkish American Society (TASMN) Iftar Dinner at Pilgrim House.

Pilgrim House is invited. Contact Laura Smidzik. See article below.

Wednesday, April 10, 7:00pm – MSUS Choir Rehearsal at Pilgrim House. Contact Bruce Van Bronkhorst.

Sunday, April 14, 12:00pm – Sunday Stories at Pilgrim House with presenter Harlene Hagen. All are welcome. Contact Mary Eskelson.

Tuesday, April 16, 2:00pm – Book Discussion at Pilgrim House: *Saving Us: A Climate Scientist's Case for Hope and Healing in a Divided World* by Katharine Hayhoe. Contact Les Rogers.

Wednesday, April 17, 7:00pm – MSUS Choir Rehearsal at Pilgrim House. Contact Bruce Van Bronkhorst.

Thursday, April 18,

11:00am – Community Support Center Luncheon and Fundraiser at the Salem Covenant Church in New Brighton. Contact Judy Bloom Martinez. See article below.

11:00am – MSUS Third Thursday 60+ Gathering at Pilgrim House. Join us for an hour of facilitated conversation followed by a potluck. This is an opportunity for people from Pilgrim House and MSUS to gather! It is a great way to connect and share a good meal. All are welcome. Contact Laura Smidzik.

Sunday, April 21, 12:30pm – MSUS Mom's Group meets at Pilgrim House. Contact Laura Smidzik.

Wednesday, April 24,

12:30pm – Novel exchange book club meets. The book is *Hidden Valley Road* by Robert Kolker. Contact Sharon Borg.

7:00pm – MSUS Choir Rehearsal at Pilgrim House. Contact Bruce Van Bronkhorst.

Thursday, April 25, 1:30pm – Book Club meets at Pilgrim House. The book is *Goodnight Irene* by Luis Urrea. Contact Cynthia LeBlanc.

Saturday, April 27, 4:00pm – Spring Fling at Pilgrim House. Contact is Kathy Aanerud. See article below.

SHARING THE PILGRIM HOUSE MISSION, VISION AND VALUES STATEMENTS

Save the date, Sunday April 7 at 12:15 pm at PH

Using value statements and ideas collected at the Listening Sessions held last fall, we have been processing that input and are ready to share the resulting mission, vision and value statements.

Please stay for the soup, then join us for a time for sharing and conversation. Les Rogers

SOCIAL ACTION

Community Support Center Luncheon and Fundraiser

Thursday April 18, 11:00am – 1:00pm Salem Covenant Church in New Brighton.

Learn how CSC works and enjoy some homemade soup and sandwiches.

Sign up on the Social Action Table in the Social Hall or speak with Judy Bloom Martinez.

Many thanks to all those who helped plan, organize, and attend to discuss the Pauli Murray movie on Sunday afternoon, March 17. It was great to hear the insightful reactions and comments during the discussion after the movie, and also to be able to continue the conversations over a delicious chili dinner afterwards. Special thanks to Curt Corum for tech leadership and to Judy Rohde and Kathy Aanerud for planning and coordinating the dinner.

SAVE THE DATE FOR A SPRING FLING AT PILGRIM HOUSE

Saturday April 27 – 4:00 pm

We're planning a Spring Fling at Pilgrim House for all ages with live music, food, and fun. We will have refreshments, a lively concert by the Maple Street Ramblers Dixieland Jazz Band (which includes member Fred Bailey), and a tasty meal and fellowship. Details are still being finalized, but we wanted to be sure you have this on your calendar!

See you there!

The Connections Committee

WELCOME TO OUR NEWEST MEMBER

We were pleased to welcome Karin Magill-Cuerden to Pilgrim House membership in March. Karin lives in White Bear Lake. She's visited

Pilgrim House several times at the invitation of Susan Setter; and we are happy that she's now joining us as a member. We look forward to getting to know Karin better through through our Sunday programs and various activities. Be sure to introduce yourself!

GREAT DECISIONS

April 3, 7:00pm – US China Trade Rivalry

Note the change to Wednesday for this meeting only.

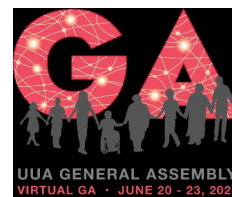
China's economic rise and its current policies of increasing the role of the state in the economy have led some U.S. policymakers to seek to deny China access to U.S. technology and investment. This is seen as a necessary corrective to decades of predatory Chinese economic policies. Is this a wise strategy, and how effective can it be?

Our speaker will be Duncan McCampbell, a 'China hand' who has been with us several times.

Professor Duncan McCampbell is an American lawyer and professor of international business and law at Metropolitan State University in Minneapolis. He spent 14 years—much of it living abroad—with the Westlaw division of Thomson Reuters, starting new online businesses in the UK, Germany, China, Australia, Hong Kong and the Netherlands. His professional interests include globalization, international business, non-US legal systems, and corruption prevention. Every year he teaches law and business courses in Chinese universities. He has served as Co-Chair of the Minnesota China Business Council, Minnesota's oldest China business organization. He publishes frequently on global commercial, legal, political and security issues. In addition to his writing and teaching, Prof. McCampbell leads a business consultancy that helps companies enter new overseas markets. Professor McCampbell's new book on U.S./China relations, *Sunset Over China*, is due to release by the end of the year.

COMING IN JUNE – GENERAL ASSEMBLY TIME FOR UUS

General Assembly is the annual gathering of Unitarian Universalists from across the country. It's all virtual this year -- no travel time or costs! Engage in workshops on timely topics, enjoy wonderful music, be inspired by keynote speakers and discussions, and participate in business meetings that make decisions affecting the Unitarian Universalist Association (UUA).



This event is open to all, but note that Pilgrim House will reimburse the registration fees for our two voting delegates. Read more about General Assembly here: www.uua.org/ga. For questions related to Pilgrim House attendance, contact Mel or Kathy Aanerud, Membership Committee.

We will arrange to livestream General Assembly's Sunday morning program at Pilgrim House on June 24. It will be at Noon Central Time.

MSUS EVENTS FOR PH MEMBERS

Potluck and Coffeehouse, April 6, 5:30 potluck, 6:30 Coffeehouse, Pilgrim House UU Fellowship

The coffee house has been a fun way for people from Pilgrim House and MSUS to get to know one another and enjoy a meal and entertainment. Performers of all skill levels, talents, and ages are encouraged to perform. Contact Chad at chadasnyder@gmail.com if you would like to be in the line up. You can watch or perform in person or online through the MSUS zoom room accessible off their webpage <https://www.msuu.org/>.

Iftar Dinner Hosted by the Turkish American Society of MN- RSVP REQUIRED

Monday, April 8, 7:45pm, Pilgrim House UU Fellowship

Gather around 7:45 pm and dinner will be served at 7:51 pm when the sun sets and it is time to break the fast. Serpil Misirli, from the Turkish American Society of MN, and her friends will be hosting another Iftar dinner this year! They will be serving a main dish, soup, appetizers, salad, fruits, and dessert. RSVP by April 5 at [Iftar RSVP \(google.com\)](https://www.google.com)

Third Thursday 60+ Group and Potluck, April 18, 11:00-1:00 pm, Pilgrim House UU Fellowship

Last month we had three PH folks join us for a lively discussion on transformation. April's topic is interdependence. We start the morning with an hour of facilitated conversation followed by a pot luck. It is always a friendly and engaged group. All are welcome!

BAYSIDE UU FAMILY CAMP

Looking for a great summer experience? Join us at Bayside UU Family Camp held at Lutherdale Camp on the shores of Lauderdale Lakes in Elkhorn, WI. This year, camp will take place June 30th - July 6th. This special week includes adult workshops, activities for children, free time for family fun and relaxation, and intergenerational activities. For more information visit our website at baysideuu.wixsite.com/baysideuu or contact baysideuu@gmail.com.

UPDATED COVID-SAFETY CRITERIA WE FOLLOW AS OF 9/11/2023:

- Masks are optional – Masks and hand sanitizer are available.
- Attendees are vaccinated, with exception for children too young to be vaccinated.
- Air purifiers will continue to be run in Program and Fellowship Rooms.
- Food and beverages are provided by our Hospitality Committee.

NEW MEMBERS ARE WELCOME HERE!

We enjoy the visitors and friends who join us for Sunday programs. If you're interested in taking the next step of becoming a member of Pilgrim House, we'd would enjoy talking with you and sharing a short, live Power Point introduction – in person or via Zoom.

Kathy & Mel Aanerud, Membership Committee
membership@pilgrimhouseuua.org

